

Labor Day Hiking Spectacular

General Info

- Dates: September 5th-September 6th
- Location: Mount Rogers Highlands: 36.69056, -81.53223 (Parking is Free off of route 603)
- Perspective Hikers: Omid, Olivia, Wyatt, Emmet, Mariel, Zach, Sidney, Matt, Grace
- Cars: 4 (Matt, Grace) (Zach, Sidney), (Omid, Olivia, Wyatt) (Emmet, Mariel, Dean)
- Food needed: 2 lunches, 1 dinner, 1 breakfast
- Ponies: Don't Bring your own
- Labor Day Song: [Oh Labbaaaaaah Day](#)

If you have any questions please text them in the group chat!

All Times are rough estimates. Nothing is certain, everything in the universe is random, life is what you make of it. Take all times in here with heaping piles of grains of salt.

Helpful Links

- [Grayson Highlands Website](#)
- [Easy Intro Packing Meals](#)
- [Filtering Water](#)
- [Grayson Highlands Backpacking](#)
- [Highlands Country Map](#)
- [All Trails Link to 20 mile loop](#)

* = NRV folks

Itinerary

Saturday ~ Average 76°F, Cloudy, chance of rain in morning, and afternoon

* Wake up before 6:00 AM.

* Meet at Park 'N Ride of Christiansburg

* Depart from Park 'N Ride at 6:00 AM

8:00 AM Arrive at Mount Rogers Trail Head

Begin Hike to Mount Rogers (6.2 Miles, 5.5-6.5 hour estimate)

11:00 AM -12:00PM eat a lunch

12:00 PM -1:00 PM Arrive at top, scout out camping sight.

2:00 PM - 3:00 PM Scout for Camp sight? Potential to keep going to closer to dark.

6:00 PM~ Start cooking (Sundown at 7:44 PM)

Night Temp: 55°F

Sunday ~ Average 70°F, Cloudy, chance of rain in morning and afternoon

7:02 AM Sunrise

8:00 AM Breakfast (Or no breakfast I'm not your mom)

Start Return Hike - There are 2 options. We could finish loop (10.5 Miles, 6-7 hour estimate) Or we could turn around and head back the way we came (6.2 Miles, 5.5-6.5 estimate)

Either way, we probably won't do much other hikes, but on the loop we can go as long or short as we like, lots of other ways to make it longer.

* Latest leaving time 5:00 PM

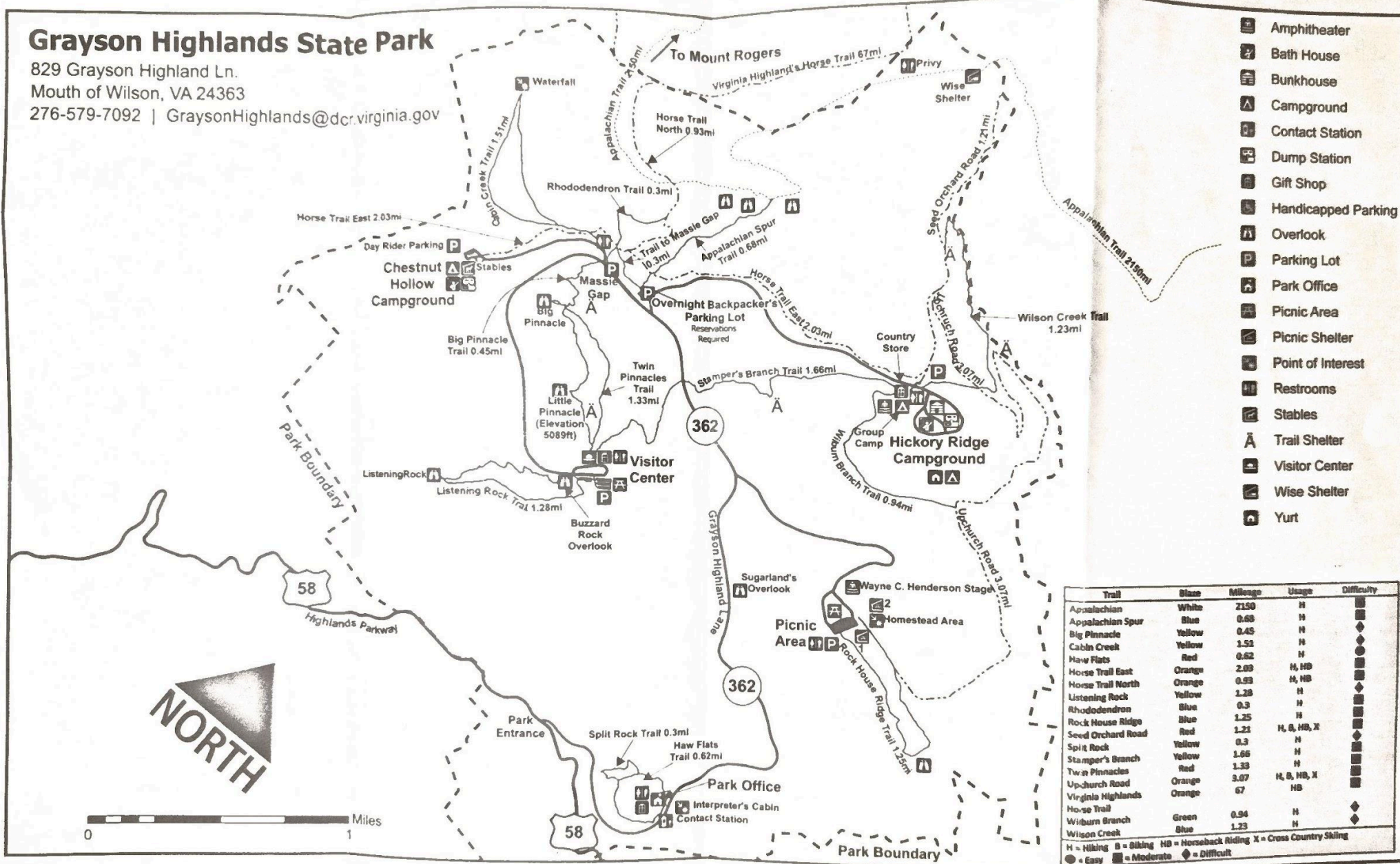
* Arrive back at Park 'N Ride 7:00 PM

Grayson Highlands State Park

829 Grayson Highland Ln.

Mouth of Wilson, VA 24363

276-579-7092 | GraysonHighlands@dc.virginia.gov



Trail	Color	Mileage	Usage	Difficulty
Appalachian	White	21.50	H	■
Appalachian Spur	Blue	0.68	H	■
Big Pinnacle	Yellow	0.45	H	■
Cabin Creek	Yellow	1.51	H	■
Haw Flats	Red	0.62	H	■
Horse Trail East	Orange	2.03	H, HB	■
Horse Trail North	Orange	0.93	H, HB	■
Listening Rock	Yellow	1.28	H	■
Rhododendron	Blue	0.3	H	■
Rock House Ridge	Blue	1.25	H	■
Seed Orchard Road	Red	1.21	H, B, HB, X	■
Split Rock	Yellow	0.3	H	■
Stammer's Branch	Yellow	1.66	H	■
Twin Pinnacles	Red	1.33	H, B, HB, X	■
Upchurch Road	Orange	3.07	H, B, HB, X	■
Virginia Highlands	Orange	67	HB	■
Horse Trail	Green	0.94	H	■
Wilburn Branch	Blue	1.23	H	■
Wilson Creek	Blue	1.23	H	■

H = Hiking B = Biking HB = Horseback Riding X = Cross Country Skiing
 ● = Easy ■ = Moderate ◆ = Difficult